# Provide First Aid – Unit Code: HLTAID011





## **COURSE OVERVIEW**

Provide First Aid (HLTAID011) is by far the most popular first aid training course which incorporates Provide Cardiopulmonary Resuscitation (HLTAID009). In this course, you will learn the skills and knowledge to be able to provide first aid response and life support, manage casualty, the incident, and other first aiders until qualified emergency help arrives at the scene of the incident.

Participants assessed as being competent in all assessments will receive a Statement of Attainment in Provide First Aid HLTAID011 (including Provide Cardiopulmonary Resuscitation HLTAID009).

It is recommended that Provide First Aid (HLTAID011) is **renewed every three years** and the Provide Cardiopulmonary Resuscitation (HLTAID009) component is **renewed every 12 months**.

## **ENTRY REQUIREMENTS**

To successfully complete this course, you must:

- Have access to a computer and internet service.
- Have literacy skills to read and interpret statutory signage, warning signs and instructions regarding the use of first aid and CPR materials, such as face shields, and Automated External Defibrillators.

- Have the ability to complete a Workplace Incident Report.
- Have basic numeracy skills to perform simple calculations about the rate of chest compressions and rescue breathing.
- Have a level of oral communication that enables you to make accurate verbal reports to emergency response services and workplace supervisors.
- Have the physical ability to meet the following evidence requirements:
  - Perform at least two minutes of uninterrupted single rescuer Cardiopulmonary Resuscitation (CPR) (five cycles of both compressions and breaths) on an adult resuscitation manikin placed on the floor.
  - Perform at least two minutes of uninterrupted single rescuer Cardiopulmonary Resuscitation (CPR) (five cycles of both compressions and breaths) on an infant resuscitation manikin placed on a firm surface.

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## **DELIVERY METHODOLOGY**

This is a blended course with self-paced online learning and face-to-face training.

Before attending the face-to-face training, students will need to successfully complete their online learning.

#### Online learning and assessment:

- Up to 3.5 hours to complete (approx. guide only).
- Assessment is a combination of short answers and questions with multiple-choice answers.

#### Face-to-face practical assessment session:

- Five hours duration.
- Individual assessment conducted to demonstrate your new learnt skills and practise them with feedback provided from our qualified trainer.

## **COURSE DELIVERY SCHEDULE**

The course will be delivered on the following dates:

#### June 2023

- 2nd June
- 23rd June

#### July 2023

- 14th July
- 25th July

#### August 2023

- 8th August
- 25th August

#### September 2023

- 5th September
- 20th September

#### October 2023

- 12th October
- 24th October

## November 2023

- 9th November
- 21st November

#### December 2023

- 7th December
- 19th December

## **COURSE FEES**

## This course is free of charge for Your Caring Way clients engaged with the program.

For further information, please speak to your Vocational Support Planner or call 1300 585 636.

## **FIND OUT MORE**

We want to inspire positive change by connecting people to real opportunities. Connect with us today:

1300 585 636



- info@yourcaringway.com.au
- yourcaringway.com.au





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